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## Rogue River Gear List for Rafting and Hiking Trips

Packing properly for a river trip is **CRITICAL** to your enjoyment while on the river. We recommend that you prepare yourself for three basic scenarios: **1.** a cool day on the river; **2.** a warm or hot day on the river; or **3.** time spent lounging in camp or at the lodge. Take care of these, and you are free to let the river canyon work its magic on you in comfort.

Weather in the Northwest is unpredictable. You must come prepared for cold/wet weather and hot/sunny weather – sometimes even in the same day! The following information will help you be prepared for the expected as well as the unexpected events of your trip. You may not end up using all of the gear listed below, but we recommend bringing it ALL!

### Dry Bags that ROW Provides for your personal items:



**One large waterproof bag for each person** (13" in diameter x 24" tall when closed)

This bag will contain the majority your personal items. This bag is NOT accessible during the day.

All of your personal items can be packed into a soft-sided duffel bag approximately 12" x 13" x 24" in size. Alternately, you can use stuff sacks to contain and separate your personal items in the waterproof bag or items can be placed directly into the bag.

Due to weight allowances and raft space, please limit your gear to 20-25 pounds.

(If you are on a camp trip, your sleeping bag/pad does not need to fit into this bag - it will get its own separate bag.)



**One small waterproof day bag for each person** (9" in diameter x 20" tall)

This bag is for items you want to access during the day such as rain gear, sunscreen, camera, medications, etc.

### Liquor and Favorite Beverages

ROW packs moderate quantity of soft drinks as well as wine and beer for legal age guests. If you bring your own liquor or other personal favorite beverages, please give it to your guide in its original container. Beer should be in cans - No glass beer bottles please. Bottled wine is fine. Liquor in Oregon is sold in State Liquor Stores with limited hours. It may be easiest to purchase your liquor or other favorite beverages at home or on the way to the river trip, rather than after the pre-trip meeting at Morrison's Lodge.

### Fishing

If you plan to fish, please bring your own fishing gear (with a protective case), as we do not have any to loan. Oregon fishing licenses are required if you plan on fishing. Fishing on the Rogue is best in the fall. You can pre-purchase a license online at: [http://www.dfw.state.or.us/online\\_license\\_sales/index.asp](http://www.dfw.state.or.us/online_license_sales/index.asp) or by calling (503) 947-6101.

### Layering for Outdoor Comfort

Clothing layers are your thermostat in the outdoors. As you get ready for your river or hiking trip, think about dressing in layers. By adding and subtracting layers you can keep yourself very comfortable. If you were to look into the dry bags of a well-prepared river guide you would see packing for three weather scenarios -- cold, wet days; hot, summer days; and cool evenings and mornings. All of your on-river clothing should be made from synthetic fabrics with names like fleece, pile, polypropylene, Capilene™ or polyester. Quick dry clothing works well on the river or the trail. A light cotton button down shirt or t-shirt can be used on hot, sunny days, but cotton clothing is best saved for at the lodges.

**LAYER #1:** The layer next to your skin should be close-fitting and thin. A snug-fitting underwear or mid-weight layer made of synthetic fibers works best. You do not want to wear cotton on the river on cool and rainy days. The evaporation of water from a wet cotton layer will actually make you colder! Synthetic fibers maintain insulating properties when wet and "wick" moisture away from your skin.

**LAYER #2:** The next layer should also be made of a synthetic fiber, but should be a bit heavier in weight. If you get too warm you can always peel this layer off.

**LAYER #3:** The outer layer is what is known as the "barrier" layer. This layer should be waterproof and loose-fitting enough to give you good range of motion. The idea of this layer is to seal out water, and seal in the warmth generated by you and insulated by layers # 1 and # 2. A good rain suit can do the job, or a good paddling jacket and pants. (Yes, even for hiking trips you must have a good rain suit.)

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*Setting the High Watermark for Outdoor Adventure*

## Packing Lists

**If you are on our CAMPING trip:** we will provide each guest with a sleeping bag, pad and liner. We also supply tents (double occupancy), tables, chairs, etc.

**If you are on our LODGE trip:** Your cabin/room has beds and showers...you don't need to bring bedding or towels, but you will need to bring your own shampoo.

**River attire** is very casual – comfort and convenience take precedence over style!

### Float Trips

#### On the River:

- 1 pair of river shoes or sandals or sneakers that can get wet (must have ankle strap, no flip-flops!) Velcro is okay if in good condition. Popular name brands include: Chaco, Teva, Keen or Merrell. Tennis shoes with wool or synthetic socks are a good option if your feet tend to get cold.
- Two T-Shirts (1 quick dry and 1 cotton for a hot day)
- 1 long sleeve shirt for sun protection and/or cool evenings
- 1 synthetic fleece or wool mid weight sweater for layering on cool days.
- Mid-weight to light-weight long synthetic underwear tops and bottoms. Best worn over swimsuit and under shorts.
- 2 pair of shorts / swimsuits
- Light pants are great for sun protection or on a windy day. Light weight zip off pants work great.
- Sun hat or visor
- Rain gear** (*this is a critical item! - rain jacket or windbreaker without the cotton liner works well...most guests have something in their closet.*)
- Water bottle with carabiner (*on hot days you should drink lots of water – we provide water to refill your bottle*)
- Sunscreen (*no oil or sweet smelling types – they contaminate life jackets and attract bees*)
- Sunglasses with retaining cord/device
- Sunscreen
- 1 bath towel & washcloth & biodegradable soap (*camp trips only*)
- Paddling or bike gloves (*for inflatable kayak paddling*) - optional

### Hiking Trips

#### On the Trail:

- Hiking Boot / Shoe
- River shoes – a pair of sandals like Chaco, Teva, etc. that you do not mind getting wet.
- Day use back pack for carrying extra clothes during the day
- Rain gear (rain jacket or windbreaker without the cotton liner works well...most guests have something in their closet.)
- Hat or visor
- Extra dry socks
- Insect repellent
- Sunscreen
- Water bottle with carabiner
- 2 pairs of shorts or swimsuit
- 1 pair of long pants – zip off pants are a great option
- 1 light weight long sleeve shirt for sun protection or cool days
- 1 short sleeve t-shirt
- 1 synthetic fleece or wool mid weight sweater for layering on cool days.

#### Special Note for Hikers:

*All hiking guests need to be prepared to raft. You are welcome to get into a raft anytime during the trip if you are tired, injured or just want some river time.*

*It is required to get into a raft to cross the river at Black Bar Lodge and to float out the last section of the trip.*

### Optional for ALL trips:

- Camera – waterproof digital with extra batteries & memory card is recommended. Many guests use smart phones (there is NOT cell service on the river). A waterproof case is also highly recommended for protection and ease of use.
- Bee sting kit for those allergic to bees.
- Cards, Games, Books, Musical instruments, journal, etc.
- Plastic garbage bags (2-3) for separating dirty / wet clothing

### At the Lodge or in Camp:

- 1 pair evening shoes (tennis shoes, sandals, hiking shoes, etc.)
- 1 pair light trousers (jogging pants, sweats, khaki pants, etc.)
- Sun dress - ladies
- 1 synthetic light or mid-weight fleece/sweater
- 1 button up shirt
- Insect repellent
- Small flashlight
- Personal toiletries
- Socks & Undergarments

\*\*\* Since the lodges use generators for electricity, please no hair dryers or curling irons.